

# An Osteopathic Approach to Hanna Somatics

Course Fee: \$550

Early Bird: \$495



## Improve your clinical results with Hanna Somatic Education (HSE)

HSE is a gentle, holistic approach to re-educate the neuromuscular connection. By strengthening the mind-body connection, physical and mental control can be regained. The results is reduced muscle pain.

HSE is appropriate for all ages, young and old alike.

The instructors, Blaine Skleryk and Darlene Diminutto, are Manual Osteopaths and Clinical Somatic Educators certified by Essentials Somatics® in the tradition of Thomas Hanna.

**Early Bird Deadline:** April 29, 2023

- ▶ 16 hours in 2 days
- ▶ CMMOTA CEC's
- ▶ Hanna Somatics theory
- ▶ Clinical techniques for acute and chronic conditions

- ▶ Effective take home movement exercises

### **Who should attend:**

Massage therapists, Manual Osteopathic Therapists, Physiotherapists, Chiropractors, Yoga Teachers, Pilates Instructors.

**Where:** Alberta College of Massage Therapy  
4656 99th Street NW  
Edmonton Alberta T6E 5H5

**When:** June 10-11, 2023\*

**Time:** 8:30 am - 5:30 pm

### **Registration:**

**Email:** [bskleryk@laserhealthsolutions.com](mailto:bskleryk@laserhealthsolutions.com)  
**Phone:** 403-861-0853

\*The instructors reserve the right to cancel the course if necessary. In the event of a cancellation, a full refund will be issued.