

An Osteopathic Approach to Hanna Somatics

Course Fee: \$550

Early Bird: \$495



Improve your clinical results with Hanna Somatic Education (HSE)

HSE is a gentle, holistic approach to re-educate the neuromuscular connection. By strengthening the mind-body connection, physical and mental control can be regained. The results is reduced muscle pain.

HSE is appropriate for all ages, young and old alike.

The instructors, Blaine Skleryk and Darlene Diminutto, are Manual Osteopaths and Clinical Somatic Educators certified by Essentials Somatics® in the tradition of Thomas Hanna.

Early Bird Deadline: August 14, 2023

- ▶ 16 hours in 2 days
- ▶ CMMOTA CEC's
- ▶ Hanna Somatics theory
- ▶ Clinical techniques for acute and chronic conditions

- ▶ Effective take home movement exercises

Who should attend:

Massage therapists, Manual Osteopathic Therapists, Physiotherapists, Chiropractors, Yoga Teachers, Pilates Instructors.

Where: Lymph Balance Center
707, 12100 Macleod Trail South
Calgary, Alberta T2J 7G9

When: September 25-26, 2023*

Time: 8:30 am - 5:30 pm

Registration:

Email: bskleryk@laserhealthsolutions.com
Phone: 403-861-0853

*The instructors reserve the right to cancel the course if necessary. In the event of a cancellation, a full refund will be issued.